

# MSc. AND Ph.D. PROGRAMME PROSPECTUS



*TRADITIONAL CHINESE MEDICINE DEPARTMENT*  
BALLSBRIDGE UNIVERSITY

# INTEGRATIVE MEDICINE: THE FUTURE OF GLOBAL HEALTHCARE

## A NEW AGE OF HEALTHCARE

Medicine is evolving. Modern life is more stressful and complex than ever before, and this new technocratic age requires a new lifestyle philosophy to care for both our mental and physical well-being. Patients frequently seek out alternative and complimentary therapies, while doctors are beginning to give lifestyle advice along with medical treatment. A growing number of people no longer believe that one particular kind of medicine is best, but want a more global and inclusive approach to national healthcare. The world now looks towards the integration of a number of different medical systems to form a new kind of global healthcare.

## WHAT IS INTEGRATIVE MEDICINE?



Integrative medicine is not concerned with replacing one kind of medicine with another, neither is it a competition to determine which medical system is better, be it Eastern or Western, modern or traditional. Rather, it looks to combine the best parts of a multitude of different systems to offer patients a complete range of medical options. Medical professionals should not consider themselves to be either an Eastern or a Western practitioner. There are, in fact, many ways to combine the practice of

Eastern and Western medicine without being exclusively one or the other.

The trend towards integrative medicine necessitates a synergy between East and West and traditional and modern medicine, in both medical concepts and methodologies. If medicine is to continue evolving during the 21<sup>st</sup> century as a body of knowledge for maintaining health and for preventing and treating diseases, it has to combine the science of medicine with the holistic philosophy of health.

## THE ROLE OF CHINESE MEDICINE WITHIN INTEGRATIVE MEDICINE



China is renowned for adopting the best parts of an existing system or ideological concept and adapting them to create a new and unique system with distinctly Chinese characteristics. In this sense, Chinese medicine is no different. Chinese medicine is a unique medical system which has continuously evolved over the past five thousand years. Chinese medicine is said to have developed synchronously with time, and therefore over the course of its history, it has adopted and refined the knowledge and techniques of many other medical systems. Indeed, Chinese medicine as we know it today is a combination of traditional Chinese medicine and modern Chinese medicine, and so encompasses the best knowledge and practices of both systems of medicine.

Chinese medicine is itself an essential part of the international trend towards the integration of medical systems. It has accumulated a deep sense of wisdom in the art of healing, an art which involves both the cultivation of a healthy lifestyle and the treatment of diseases based on holistic patterns, or syndrome differentiation. Unlike conventional Western medicine, Chinese medicine looks at the body from a much wider perspective. Western medicine tends to deal directly with a specific problem through treatment with a single ingredient. Chinese medicine, on the other hand, sees patients as individual, unique cases and incorporates internal physical, emotional, and psychological aspects with external factors, such as environment and lifestyle, to treat the underlying causes of all their symptoms.

It is this approach that makes Chinese medicine so valuable as a medical system. Western medicine is finding itself increasingly unable to cope with treating more complex diseases. However, if it were to adopt Chinese medical philosophy and learn from its enormous recorded clinical experience, Western medicine may well find the solutions to the problems it faces. In many cases, Chinese medicine and Western medicine can be used successfully and safely together, and by using their respective wisdoms and strengths, an entirely better system of healthcare can be formed.

## THE FUTURE OF MEDICINE

Modern medicine will develop in the direction of scientific expertise combined with a holistic understanding of disease patterns, creating a new kind of medical practitioner. Who will be the new integrative physicians of the future? They will be those with knowledge of a wide range of medical systems, who are able to treat patients by the most appropriate means for their individual conditions. By combining the technical expertise of Western trained doctors with the holistic wisdom of Chinese medical physicians, medicine can continue advancing to the next level. Ultimately, it will only be through education and the mutual sharing of knowledge and clinical experience that these new integrative physicians can be created.

Chinese medicine is the essence of traditional Chinese culture and has a history several thousand years long. It is the pride and joy of the Chinese nation, and has constantly protected its growth and prosperity. The trend of development for today's world is for economic and cultural fusion and the integration of modern and traditional cultures. China's opening up has brought more opportunities to let all of humanity share in the

fruits of Chinese culture. Chinese medicine will also follow this trend of history; it will reveal its allure and brilliance as well as demonstrate its significance and strengths on the stage of human development and progress.

# WELCOME

I am excited to introduce you to the pioneering postgraduate programmes on Chinese medicine and acupuncture. Candidates who wish to obtain a higher degree in this increasingly significant system of oriental medicine, can now learn in a distance course with optional practice in Argentina.

First time, a collaboration between the *Ballsbridge University* with the *Institute of Oriental Medicine* of Argentina.

The programmes incorporate the best of traditional Chinese medicine with the modern development of Chinese medicine and acupuncture in the context of East-West medical integration.

The programmes are both research and clinically based, and aim to deepen the knowledge and improve the quality of delivery in Chinese medicine and acupuncture practice. Thus they fill the gap in excellence that may exist between mainstream healthcare in China and the West.

Qualified Western practitioners are now able to obtain postgraduate training in English at Ballsbridge University.

Chinese medicine is both a passionate pursuit as well as a system of medicine whose time has come.

We welcome you to join us in this innovative academia project to foster the integration of Chinese medicine and acupuncture within the mainstream healthcare practice.



**Prof. Dr. Silvana De Lima Abad**, Dipl. Acu., MD (Acu)  
**Adjunct Professor and Director of TCM Programmes**  
**Ballsbridge University, Roseau, Dominica.**

# INTRODUCTION

**Welcome to the Chinese Medical Department of The Ballsbridge University with an innovative new postgraduate Programmes!**



Welcome to the Chinese Medical Department of The Ballsbridge University with an innovative new postgraduate Programmes!

These postgraduate programmes are a joint collaboration between the Ballsbridge University and the Oriental Medicine Institute in Argentina.

They are the only formal postgraduate degree courses which regulates all aspects of education and the educational

system.

Postgraduate students have an academic opportunity to know the Chinese medicine, through modular study and clinical research, students can develop their knowledge of Chinese medicine and acupuncture and make vital contributions to academia and the medical profession within their chosen field.

As the medical profession continues to march towards a more globally integrated form of healthcare, these programmes provide an extremely important stepping stone to the creation of highly qualified medical professionals who are expertly trained in both Western and Chinese medicine.

## **BALLSBRIDGE UNIVERSITY OF CHINESE MEDICINE**



The academic strength combined with experience in practice Chinese medicine to western medical professionals, forms a truly unique partnership and provides an unrivalled study opportunity for students seeking academic excellence in the field of Chinese medicine and syndrome acupuncture.

# COURSES

## MSc. CHINESE MEDICINE AND ACUPUNCTURE

### DURATION

- Two calendar years -

### ENTRY REQUIREMENTS

Minimum approved qualification in Chinese medicine, Western medicine, or other related disciplines. Must have good working knowledge and solid command of the fundamental theory and diagnostic skills in Chinese medicine and acupuncture.

### COURSE OVERVIEW

The MSc. Chinese Medicine and Acupuncture is a unique opportunity for students to study at Ballsbridge University. This programme combines instruction with independent study and is taught to distance, giving students the chance to experience Chinese medicine and culture first hand.

Through modular study and hands-on clinical practice, the MSc programme builds upon a solid theoretical foundation of Chinese medicine to develop practical skills and independent research capability.

### ENTRY REQUIREMENTS

Candidates must have an approved qualification in Chinese medicine, Western medicine, or other related discipline to enrol on this course.

Candidates must also have good working knowledge of systematic theory in traditional Chinese medicine, acupuncture and tuina, as well as a systematic command of fundamental theory and diagnostic skills in traditional Chinese medicine and acupuncture. Candidates must have experience of conducting independent clinical research and practice in the relevant fields and of conducting scientific research of Chinese medicine.

Students are not required to have any knowledge of spoken or written Mandarin Chinese as all modules will be taught in English.

### STRUCTURE

Students are required to take nine taught modules and complete a 30,000 word dissertation.

### MODULE LIST

History of Medicine in China

Selected Reading of Clinical Cases

Development of Chinese Medicine Diagnostics

Clinical and Basic Research on Acupuncture and Moxibustion

Chinese Traditional Featured Therapy

Development of Chinese Internal Medicine

Internal Classic

Speciality Course (**optional**)

## **Ph.D. CHINESE MEDICINE AND ACUPUNCTURE**

### **DURATION**

- Three calendar years -

### **ENTRY REQUIREMENTS**

Minimum approved Masters qualification in Chinese medicine, Western medicine, or other related disciplines. Must have good working knowledge and solid command of the fundamental theory and diagnostic skills in Chinese medicine and acupuncture

### **COURSE OVERVIEW**

The Ph.D. Chinese Medicine and Acupuncture is a course which offers students the chance to conduct research at Ballsbridge University whilst also giving them full access to the advanced clinical facilities of the Oriental Medicine Institute from Argentina (*optional fellowship*). This innovative Ph.D. programme combines modular study and clinical practice (*optional*).

The Ph.D. programme's research and clinical basis allows students to further their knowledge and understanding of Chinese medicine and acupuncture and to contribute towards a more integrated healthcare.

### **ENTRY REQUIREMENTS**

Candidates must have an approved Masters qualification in Chinese medicine, Western medicine, or other related discipline to enrol on this course.

Candidates must also have good working knowledge of systematic theory in traditional Chinese medicine, acupuncture, and tuina, as well as a systematic command of fundamental theory and diagnostic skills in traditional Chinese medicine and acupuncture. Candidates must have experience of conducting independent clinical research and practice in the relevant fields and of conducting scientific research of Chinese medicine.

Students are not required to have any knowledge of spoken or written Mandarin Chinese as all modules will be taught in English.

### **STRUCTURE**

Students are required to take six taught modules and complete a 50,000 word dissertation.

### **MODULE LIST**

History of Medicine in China

Literature Retrieval and Utilisation

Clinical and Basic Research on Acupuncture and Moxibustion

Internal Classic

TUINA

Phitotherapy

Speciality Course (**optional**)

# APPLICATION INFORMATION

## TEACHING STRUCTURE AND TERM DATES



Date for start programmes no scheduled, because they are distance and online courses. Both the MSc. and Ph.D. programmes are taught entirely to distance by Ballsbridge University and students can to spend some short periods of time (optional) at the Institute of Oriental Medicine in Argentina.

The dissertation will be written during the second year for MSc. students and during the second and third years for Ph.D. students. Once the dissertation has been completed, students will must to send the thesis to Ballsbridge University for evaluation. Students approved will receive the certificate with the transcript.

### FEES

For the tuition fees, consult to administration department, Ballsbridge University.

### APPLICATION PROCEDURE

To apply for one of the postgraduate programmes, please contact the Ballsbridge University.

All documentary evidence must be submitted in English. If it is necessary for documents to be translated, please send a certified hard copy of the original document as well as a certified translation from a legally approved translator. Please do not send original diplomas or certificates.

Successful candidates will be admitted on to their chosen course based on their submitted application documents. We assess applications as a whole and take into consideration all submitted documents before making a decision. Applications will not be considered unless they are complete.